



Central Plaza Hotel Public Company Limited

Health and Nutrition Policy

Approved by Board of Directors Meeting No. 5/2025

On 13 August 2025

Prepared by Sustainability Development Department

PUBLIC

Health and Nutrition Policy

Central Plaza Hotel Public Company Limited

Central Plaza Hotel Public Company Limited recognizes the importance of health and nutrition issues, which are complex and multidimensional. We are committed to offering high-quality, safe, and nutritious food products that undergo safety standard inspections and are made with carefully selected ingredients through a systematic verification process. These efforts ensure that our offerings are suitable for consumers across different age groups and health conditions, including children, the elderly, health-conscious individuals, and other vulnerable groups. In addition, the Company prioritizes promoting accurate nutritional knowledge and ensuring access to quality food at reasonable prices.

Objectives

1. To encourage the provision of balanced diets by promoting scientific research and development through collaboration with internal personnel and external partners
2. To provide a range of products that cater to diverse preferences aligned with customer consumption behaviors and tailored to meet the nutritional needs of different age groups and dietary requirements
3. To promote a healthier society by offering healthy and nutritious products, combined with responsible advertising and marketing

Scope

This policy applies to the Company's hotel and food business units.

Definition

"Company" refers to Central Plaza Hotel Public Company Limited and its subsidiaries.

"Employee" refers to employees of the Company, including executives, contract workers, and consultants.

"Policy" refers to Health and Nutrition Policy

"Nutrition" refers to a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes and cardiovascular disease), and longevity (According to World Health Organization).

Guidelines

To comply with this policy, the Company has established operational guidelines for responsible marketing and advertising practices. These guidelines serve as a framework for all executives and employees to acknowledge, understand, and implement accordingly.

1. Healthy and Nutritious Product Improvement

The Company continuously seeks opportunities to develop innovative food products by improving recipes, diversifying cooking methods, and expanding ingredient options, all while maintaining high quality and great taste. In addition, the Company promotes the availability of nutritionally balanced food options that align with consumer needs and support individuals at risk of or affected by non-communicable diseases (NCDs), such as high blood pressure, high cholesterol, and obesity. This includes specialized menus for people with diabetes, heart-healthy options, gluten-free meals, low-sodium and low-calorie dishes, as well as menus designed for children and vegetarians.

2. Food Safety & Hygiene

The Company places the highest importance on food safety and hygiene, ensuring that all food products are produced and distributed in strict compliance with brand standards, legal regulations, and relevant national and international requirements. Additionally, the company is committed to developing nutritionally valuable menus by prioritizing the use of fresh, seasonal ingredients to enhance quality and freshness. We also promote collaboration with business partners to create alternative menus that focus on natural ingredients.

3. Food and Nutrition Accessibility Promotion

The Company is committed to expanding its menu offerings to cater to a diverse range of customers, including children, the elderly, health-conscious individuals, and other vulnerable groups. We actively support collaboration with educational institutions and relevant organizations to raise awareness about nutrition and promote access to healthy food. The Company also strives to develop menus that make it easier for consumers to choose nutritious options, considering accessibility, affordability, and the reduction of negative health impacts in a holistic manner.

4. Ethical Marketing and Nutrition Communication

The Company strictly adheres to its public relations and marketing policies, guided by the principles outlined in its Code of Conduct and Good Corporate Governance Policy. It ensures that all communications are clear, complete, timely, equitable, and fair based on facts and free from distortion or misleading claims that could cause consumer misunderstanding.

Additionally, the Company prioritizes providing information that encourages balanced and nutritious food consumption. We also provide employee training to ensure accurate product communication, alongside consistent quality checks to maintain compliance with established standards.

The Health and Nutrition Policy 2025 was approved by the Board of Directors Meeting No. 5/2025 on 13 August 2025 and will be effective from the date of approval onwards.

-Signed-

Mr. Norachit Sinhaseni

Chairman of the Board

Central Plaza Hotel Public Company Limited